



The Newsletter

For Lockerley, East Dean,
East and West Tytherley
May 2020

Thanks to the Thorngate Village Care Group for sponsoring this edition of the newsletter and thanks to Lockerley and East Dean WI for their kind donation towards its publication.

Thorngate Village Care Group - support for the impact of Coronavirus. We cover the villages of Lockerley, East Dean, East and West Tytherley. We are here to help with all the usual requests for transport to doctors and hospitals, and much more. Are you stuck for help with shopping, cooking, dog walking etc while unable to get out and about? Are you feeling a bit lonely while self-isolating and would like a chat on the phone? Are you worried about relative living locally? Our team of friendly volunteers across the villages may be able to help. Our volunteers are DBS checked and can help you with

- Delivering prescriptions
- Getting groceries
- A friendly phone call
- Lifts to the Doctor/hospital
- Urgent supplies / foodbank

Please contact us- preferably by email

Liz.holton23@yahoo.com

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Fionacollier57@live.co.uk

341098

J_neilson@yahoo.co.uk

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SHOPPING INFORMATION LOCALLY

Lockerley Stores 340438

Opening hours 9-5pm to all daily. Protected shopping for older/more vulnerable people 8-9am. Volunteers who are shopping for others are also allowed to use this slot. The shop has more stock including fresh milk but the full range is not available they have a new line of fresh bread, which is great.

Keep a 2 metre distance from others.

Only 3 people in the shop at a time.

Wear gloves. Use antiseptic hand wipes/spray to clean basket handles.

Tap a debit card rather than using cash

Newspapers – Stop press!

From **Monday 13th April** volunteers will be delivering daily and weekend newspapers (**free**) to those who have requested this service and have a pre-ordered arrangement with Lockerley Stores. Monthly magazines are not covered by this scheme. Weeklies are if you have a daily order already.

West Tytherley Shop 340313

Please place your order by phone, email wtytherleyshop@gmail.com or in person.

Hansards, Awbridge 340654

Stocks fruit/veg/eggs/milk and bread and pet food etc. Diane has said she will deliver to Lockerley and East Dean. They are extremely busy but well stocked (please don't buy much at a time though) phone after 3pm when they are less busy, to place an order which will be delivered next day.

Lockerley Village Hall Post office

New times only open from 9 – 11 a.m.
Mondays and Thursdays

Gambledown Farm

Basic delivery offer is:- Sourdough bread, Sausages, Burgers, Eggs, Lyburn cheese and Milk – delivered (Subject to availability) and standard meat only. Delivery on Fridays. Call 01794 340286 or email farm@gambledownfarm.co.uk Payment by bank transfer or cash or over the phone (if no access to card or cash).

www.Traidcraftshop.co.uk has a range of fair trade groceries and household goods, delivery is free if you order £50 worth. Liz has plenty in stock too. Tea/Coffee/pasta/kitchen roll/dried fruit/chocolate/cookies etc. Just email an order and I will get it to you. Liz.holton23@yahoo.com

NEW FOOD SUPPLIERS BELOW

Fish deliveries

<http://fishonfriday.org.uk/sales-locations/>
www.chalkstreamfoods.co.uk

Meat

wilc@cooperfoods.co.uk

Veg and fruit

Sunbeam Watercress, Sherfield English SO51 6FJ 01794 322310
Graham Noble. 07796 875872 or email - graham_noble@hotmail.co.uk Box of Vegetables and fruit £20. Typical box - melon, bananas, satsumas, apples, pears, potatoes, tomatoes, cucumber, lettuce, watercress, carrots, onions, cabbage, swede.

Parsley Box

Parsley Box's slow cooked meals are specially packed to seal in goodness and flavour and can be stored in your cupboard for up to 6 months. Free next day delivery on all orders over £19.00 Bundle offers available. Call FREE: **0800 612 7225**
Email: care@parsleybox.com
Website: www.parsleybox.com/about-us/food

Finally, our local pubs are providing a great takeaway service. **The Hatchet**, Sherfield English on **322487** - will deliver.

The Black Horse, West Tytherley **340308**

Supermarket Update

Please see below for the most up to date information we have received regarding Supermarkets. Please do also check your local store's website for further information.

How do you let the government know that you are vulnerable?

If you have a medical condition which makes you extremely vulnerable to coronavirus (COVID-19), you can register with the government and tell it whether or not you need support. You may have received a letter from the NHS telling you that you're "extremely vulnerable", or have been contacted by your GP or hospital clinician. If this has not happened, contact your GP or clinician after you register with the government service. The government warns that "it may take time for any support offered through this service to arrive". Wherever possible you should continue to rely on friends, family and wider support to help you meet your needs," it says. You can register yourself, or on behalf of someone else. You can use this website to register: www.gov.uk/coronavirus-extremely-vulnerable

East Tytherley Parish Council and Community Website

We are pleased to advise East Tytherley residents that a village website has now been launched. The site can be found at www.easttytherleyvillage.com There is still work to be completed on the site and we are particularly interested in contributions of photographs from around the parish to be used for the banner photograph, some of the individual pages and for the gallery. If you would like to contribute please pass on your photos to Emily Foan at emilyfoan1@gmail.com

Garden Club Plant Sale

Due to the Covid 19 pandemic, the annual plant sale planned for May 2nd will not take place.

REQUESTS FOR HELP

Thorngate Village Care Group part of Good Neighbours Network covers Lockerley, East Dean, East and West Tytherley, All our volunteers are DBS checked

- We can collect prescriptions (both urgent and immediate, or regular and ongoing)
- We can do basic shopping – up to about 10 items from local shops
- We can get a food box for you from the food bank – you may not be working at present, or having delays in getting your benefits, or finding it hard to manage.
- We can phone regularly to make sure you're OK (especially if you are unwell)
- We can post letters and parcels at the local post office.
- Anything else? Just let us know and we'll see what we can do

Please complete and return to a coordinator below by email

NAMES Of all Including children	Self- isolating/Vulnerable/ Unwell / Shielded No driver in household <i>Please select</i>	PHONE NUMBER	ADDRESS /POSTCODE

Prescription authorisation

I authorise the Thorngate care group to collect prescriptions for us from:-_

- A) Lockerley Stores/ West Tytherley shop (for Whiteparish /Broughton/Stockbridge surgeries)
- B] Abbey mead surgery Romsey
- C) Nightingale surgery Romsey
- D) Alma Rd surgery Romsey
- E) Specify other dispensary..... *Please select*

Shopping

List essential items here-

Please leave cash/cheque on the doorstep or pay by bank transfer– agree with the volunteer the shop receipt will be provided. Observe social distancing.

I agree to pay the volunteer delivering my shopping the amount due on the receipt. I understand that Thorngate Village Care group accepts additional donations towards travel costs involved.

Name **Date**.....

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